



Adult Camp Schedule May 29-June 1, 2008

**Thursday:**

Noon-5:00 p.m. Arrive Claremore Expo. Suzy Smith will escort you to RSU to find your apartment and give you your keys.

5:00-6:00 p.m. "Get Acquainted" wine and cheese sponsored by Green Country Chapter in the Will Rogers Room at Expo

6:00 p.m.-Dinner catered by Pepper's Grill-chicken or steak fajitas, cheesecake.

7:00 p.m.-Lecture "Yoga for Riders" by Louise St. Amour

**Friday:**

7:00 a.m. breakfast in the concession -scrambled eggs, sausage, bagels, fruit, coffee, juice

7:45-8:15 a.m. Yoga in the concession area

8:45-11:45 a.m. group lessons

11:45-12:30 p.m. lunch catered by The Pink House-chicken salad or veggie wrap or turkey club wrap, raspberry and regular tea, cookie

12:30-1:00 p.m. Demonstration-Equipment adjustment and fitting by Laurie Hedlund

1:15-4:30 p.m. private lessons

6:00 p.m.- Dinner catered by Gripado's Pasta Primavera or Pork tenderloin with sides, Italian crème cake or chocolate mousse, peach or regular tea

7:00 p.m.-Lecture "Rider Balance" by Paula Keirkegaard

**Saturday:**

7:00 a.m. breakfast in concession-same as Friday

7:45-8:15 a.m. Yoga

8:45-11:45 a.m. group lessons

11:45-12:30 p.m. lunch catered by Gripado's-assorted ham, turkey, or roast beef subs with chips and pickle or salad, peach or regular tea

12:30-1:00 p.m. Demonstration-Horse Massage by Sonja McDanel

1:15-4:30 p.m. private lessons

6:00 pm-Dinner catered by Hammett House-Hawaiian grilled chicken with brown rice, salad, lemon pecan or coconut crème pie

7:00 p.m.-Lecture "Developing Collection" by Sarah Martin

**Sunday:**

7:00 a.m. breakfast-same as Friday

8:00-11:00 a.m. group and a few private lessons

11:00-11:45 a.m. Lunch for groups 1, 3, 4, 6 and Sarah and Louise catered by Pink House-Ham & cheese sandwich with fruit or grilled chicken salad, tea

11:45-12:30 p.m. Lunch for groups 2, 5, 7 and Paula

11:45-1:45 privates for groups 1, 3, 4, 6 and Sarah and Louise

12:30-3:30 remaining privates for groups 2, 5, 7 and Paula