

Centerline

A monthly publication dedicated to communicating the latest local & regional dressage news & information to enrich Oklahoma dressage riders' equestrian experience.

OCTOBER

2018

Region 9 Delegates Needed
Rep Oklahoma at the USDF Convention in Salt Lake City, Utah!

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Handy Info For The New Horse Show Season
*Learn the basic movements each level emphasizes. **Page 6***
*Get geared up for unforeseen medical needs with a barn or trailer first aid kit. **Page 7***

Region 9 Regionals Results
ODS competitors were hot down in Katy, TX —and not just from the weather! They represented Oklahoma like Champs!
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Highlights From The World Western Dressage Show
Tri-colors and smiles were prevalent for ODS members!

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Letter From The President

Welcome to 2019! The new competition year has started. That is, not only for USDF but also for ODS and our chapters. So any shows taking place in October are for next year's year-end awards.

Congratulations to all the competitors at the Region 9 Regional Championships. Boy, was it hot and humid! So hot coats were waived for the entire weekend. Even locals

were complaining about it. The show was well attended as usual with some competitors traveling from as far away as Kansas to take part in the Houston Dressage Society show.



Houston Dressage and our own Susan Peacock put on a great show!

Remember that new tests will be coming out November 1. Time to delete all your memorized tests.

This time of year we are starting our search for new board members. If anyone is interested please send me or any of our current board members an email letting us know of your interest.

I hope everyone has the time to get out and enjoy this cool weather. I just got home from a lesson and it was so nice not to be soaked to the bone!

Happy Riding!

— Pamela DeVore
President, Oklahoma Dressage Society





NEW
 & IMPROVED FORMULA



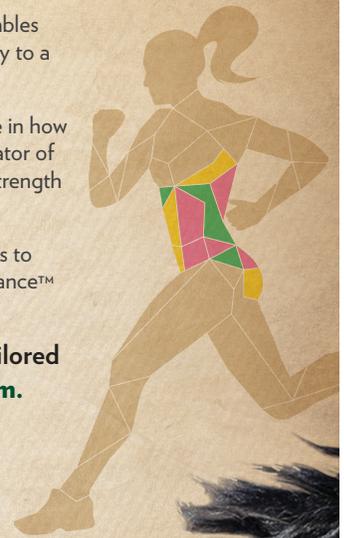
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THANK YOU from Region 9

“On behalf of the Houston Dressage Society, THANK YOU for the ODS Silver Sponsorship to the Region 9 Championships [in Houston, TX]. We are very grateful. The show requires a lot of effort and it is gratifying to have other clubs support it. Please thank the ODS Board and membership for us.”

From Leslie R.,
Houston Dressage Society



Looking For USDF Delegate from ODS

ODS is looking for a delegate to attend the USDF Convention. If you plan on attending please send an email to president@dressageoklahoma.org. Our delegate can be any ODS senior member in good standing. The ODS Board has offered to pay a portion of the costs. Per USDF policy, it is the responsibility of the GMO President to designate a delegate, if the delegate isn't the GMO President.



Exposed

ik-spōzd

adj. not shielded or protected



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Dressage Explained: Understanding The Levels

First Through Fourth Level

To an outsider, the levels of dressage can seem a bit confusing. They don't make a lot of sense other than first through fourth level are in numerical order. To take some of the confusion out of the situation, we're here to explain the basics of dressage.

Introductory Level: This level is made to provide an opportunity for horses and riders to learn about dressage. Riders at this level must be able to demonstrate elementary skills, correct geometry, and the effectiveness of the rider. Riders must be able to perform the basic walk, trot, and canter gaits and change rein.

Training Level: Building upon the basics of the introductory level, training level begins to place more emphasis on the horse's gaits and that they move freely in a steady rhythm while accepting contact with the bit. This can include shallow loops at the canter, stretch circles at the trot, and canter to trot changes across a diagonal.

First Level: At this level your horse must have thrust, power in their hind end, and start to achieve thoroughness in their back. This is the last of the more basic levels. Riders and horses must be able to perform 10m circles at trot, 15m circles at canter, lengthen the stride in trot and canter, leg yield, and counter canter.

Second Level: Welcome to playing with the big dogs. Well, at least the next level of big dogs. Second level is where things begin to pick up now that you've demonstrated understanding of the basics. There's a lot more power in the hind quarters required at second level due to the need to perform collection, medium paces, Travers, simple changes, 10m canter circles, and half turn on haunches. Additionally, a greater degree of straightness, suppleness, and self-carriage is expected at this level.

Third Level: At this point, your horse should know the basics and have an established uphill balance in their work. Now they must begin to perform increased engagement in their movement as well as more refined transitions between collected, medium, and extended gaits. Third level introduces extended gaits, flying changes, half pass at trot, Renvers, and half pass at canter. At this point, if you receive qualifying scores at first, second, and third level then you can receive your United States Dressage Foundation Bronze Medal.



Fourth Level: Things are serious now. You better know your stuff and be putting in the work to create suppleness, power, and precision within your dressage work. At this level you will see collected walk, collected canter, walk pirouettes, multiple flying changes, tempi changes every fourth stride, and partial pirouettes in canter.

*By Ashley Harvey
Source: Heels Down Magazine
(www.heelsdownmag.com)*



How To Make A Portable First-Aid Kit

Every horse owner should have an equine first-aid kit in their barn and trailer for emergencies

Every horse owner should have an equine first-aid kit in their barn and trailer. There are a variety of equine first-aid kits commercially available, ranging from less than \$50 to more than \$500. While the expensive kits offer a great deal of diverse treatment options, most horse owners can get by with a more affordable homemade kit for travel.

The Bucket

The first step in making your own portable first-aid kit is locating a suitable bucket. A 5 gallon bucket with a snap on lid is the best option. If you don't have a good bucket (with a lid) you may be able to get one from any of several community locations. Many delis, bakeries, and other food producing companies buy supplies (like pickles, frosting, and filling) by the bucket. When the contents of those buckets are used the facility is left with disposal. When you ask for a bucket you may want to specify the size (5 gallons) and that it have a lid. Smaller buckets may also be available and they can be useful for other things. If you cannot find a free bucket you should be able to buy one from a local feed, supply, or tack store.

The bucket serves two purposes: 1. It is a container to hold your first-aid kit items together and keep them clean; 2. It can be emptied and used as a bucket for first-aid purposes like washing wounds. Before you begin assembling your first-aid kit, thoroughly clean and dry your bucket. There should be no residue, lingering scent, or moisture in the bucket.

Filling the Bucket

Supplies for your portable first-aid kit should be carefully selected to fit inside the bucket. Liquid and gel topical medications can be transferred from larger containers into smaller leak proof applicators. Leave the larger containers at home where you have more storage room. Travel shampoo containers work well for both liquids and gels. Small size Tupperware or Rubbermaid type food containers are also handy for holding more solid compounds, and organizing supplies.

You should talk to your veterinarian about other prescription medications to include in your portable first-aid kit like anti-inflammatories, analgesics, and tranquilizers. Some prescription medication may require special handling and storage and might

Dry Supplies You'll Need

- 16" Combine Bandage
- 4 – 3x4" Non-stick Telfa Pads
- Vetwrap
- 5 – Wooden Tongue Depressors *
- 4 – 10 cc. Syringes **
- 4x4" Gauze
- Epsom Salt
- Thermometer
- Stethoscope
- Scissors
- Tweezers/Forceps
- Duct Tape
- 4 – Disposable Diapers ***
- Gloves
- Clean, Small Towel(s)
- Hand Sanitizer
- 2- 6" Sections of Rubber Tubing ****
- Small Flashlight

have to housed in a location other than your handy first-aid bucket. Once the bucket is filled just snap on the lid and you are ready. As you deplete supplies from the kit simply replace them from your barn supply. It is important that you not only carry these items, but also know how to use them. To learn more about providing first-aid care for your horse, talk to your veterinarian or attend a training conducted by a veterinarian.

Wet Supplies You'll Need

- Alcohol Preps OR 4x4" Gauze in a container with ample Rubbing Alcohol
- Betadine
- Dawn Dish Soap OR Betadine Scrub OR Chlorhexidine Scrub
- Triple Antibiotic Ointment
- 1 Gallon Bottled Water
- Antiseptic Wound Spray

*Tongue depressors can be used to apply topical medication without contaminating the wound or the medication.

**You probably noticed that this list includes syringes but not needles. For a basic first-aid kit, without any injectable medication, you don't need needles. The syringes can be used to flush wounds. A 10 cc syringe is especially nice as you can draw up 2 cc of Betadine and then fill the remainder of the syringe with water for safe flushing of punctures and other open wounds.

***Diapers work great for packing hooves and they are very absorbent and can also be used to staunch the blood flow from a seeping wound.

****Rubber tubing can be inserted into the horse's nostril and secured, to keep the horse's airway open in the event of snakebite, excessive bee stings, or other bites that cause severe swelling of the face.



*By Kentucky Horse Council
Source: thehorse.com*



In The Ribbons - ODS Members' Results From Regionals

KRISTIN KNUTSON/VASHTI

SWDC 2018 FEI GRAND PRIX OPEN
Champion

GAIG 2018 FEI INTERMEDIATE II OPEN
5th

GAIG FEI GRAND PRIX FREESTYLE OPEN
Reserve Champion

SWDC FEI FREESTYLE OPEN
Reserve Champion

GAIG 2018 FEI GRAND PRIX OPEN
3rd

KAILEY DEVORE/ FAUSTON NAF

SWDC 2015 USEF THIRD LEVEL, TEST 3 JR/YR
4th

SWDC 2015 USEF SECOND LEVEL, TEST 3 JR/YR
5th

GAIG 2015 USEF THIRD LEVEL, TEST 3 JR/YR
3rd

GAIG 2015 USEF SECOND LEVEL, TEST 3 JR/YR
Reserve Champion

ERIN SISSON/ KABILORA MAR

SWDC 2015 USDF INTRODUCTORY LEVEL TEST B AMATEUR
Reserve Champion

JAMIE KNIGHT/ TESKE VAN G

SWDC 2018 FEI GRAND PRIX AA
Champion

GAIG FEI GRAND PRIX FREESTYLE OPEN
4th

GAIG 2018 FEI GRAND PRIX AA
Reserve Champion

Participants

LISA MILLER/ AVALANCHE'S PRINCE FIRESTORM

SWDC 2015 USEF SECOND LEVEL, TEST 3 AA
GAIG 2015 USEF SECOND LEVEL, TEST 3 AA
USDF ADULT AMATEUR EQUITATION REGIONAL FINAL



Kailey DeVore on Fauston NAF

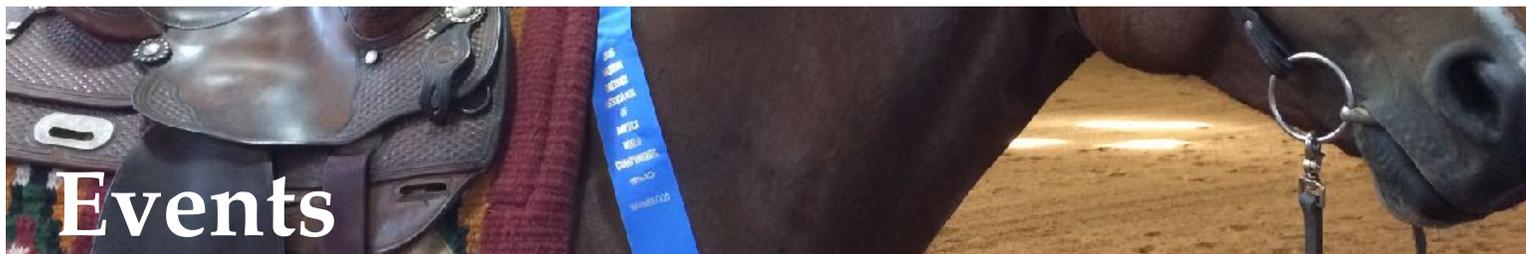


Kristin Knutson on Vashti



Photo Highlights From WDAA World Show in September





Events

My First WDAA Western Dressage World Championship

Observations From A Newbie

by Holly Fisher

Background – I’ve been riding classical dressage for over 10 years and still have yet to feel like I’ve even begun to climb the mountain. My 21 year old GOV Oldenburg gelding Happy and I are kissing second level and he is patiently waiting for me to catch up.

I was given a 16 year Quarter Horse gelding Buck A.K.A. “Judge Pine Tivio” in July 2018. This horse can do it all and has a “Let’s get this done right!” attitude along with a flexible character. My trainer, the talented, graceful and inspiring Laurie Hedlund rides and trains both Classical and Western Dressage. Laurie and her students, who are now my friends, infected me with the Western Dressage bug. With only two months of legging up and some pretty unfamiliar tack, Buck and I set off to seek fame and glory at the 2018 WDAA Western Dressage World Championship.

Having no idea what this “Western Dressage” amounted to, I set an expectation that western dressage at its core holds fast to the concepts and principles of classical dressage. The question I sought to answer was “How is Western Dressage different? - surely there is more to this than just a tack change and a cowboy hat.”

For 5 days I observed, I rode, I discussed, I made friends, I sought a conclusion. My conclusions are listed below in bullet points and may seem a bit naïve, but here goes:

- The whole scene is a rich tapestry depicting the very essence of horsemanship. Every team is unique. Breeds, tack, backgrounds, riding styles, horse experience etc. oh yes, and the outfits.. the outfits are amazing. And the people, well, they are pretty great. I made a lot of new friends, learned a lot, laughed a lot.
- There are A LOT of different breeds of four legged equine species involved in this sport. Buck fell I in love with a sweet mule whose ears and head are as long as his back. Buck was drawn to the Fjords, fascinated by the Gypsy Banners and a teeny bit jealous of the warmbloods. We saw quarter horses of all shapes, sizes and backgrounds. Paints, Appalossas, Pintos. We saw ponies, P.O.A.s and Halflingers. We saw Friesians and thoroughbreds. Cowhorses and Polo Ponies. It was just incredible.
- Western Dressage has style. The OUTFITS! The pageantry. The BLING. Every horse in the ring or headed to it was a lovely individualized expression of both horse and rider. A visual smorgasbord of styles, from a circa 1800 rendition of a plains cowboy to a horse and rider that was pretty much sparkly ALL OVER. Western dressage is not afraid of color – riders and horses wore rich reds, bright pinks, turquoises, bright prints and inspiring patterns. Shirts, scarves, vests, chaps, boots, hats, all unique to each pair. I never got tired of turning around to see the next horse coming down the aisle.
- The Tack. Oh the tack. There’s so much to learn about western tack, because there is so much of it. Back cinches, breast plates, mecate reins, slobber straps. Each saddle is a complex work of art with layers of details. Each item has a function and a history as well as expression. It was fun to look and ask and learn about the nuances of all of it and of course there’s conchos! I love conchos!
- Ideally, the uniting factor for everyone and everything involved is a “Horse First” approach which embraces the traditional training concepts in Classical Xenphon style Dressage. Each rider has the burning desire to better themselves as horsepeople – to create a more harmonious relationship with their horses.
- Also, ideally, Western Dressage makes Classical Dressage more approachable and accessible for riders from many other disciplines. People who have spent a lifetime riding in a certain way are now opening themselves to Horse First concepts as exemplified in Classical Dressage. What a great way to make the world a better place.
- Western dressage is a young sport and not without flaws. The judging can be somewhat subjective. Judges that do not have a background in classical dressage, should not be judging. Classically oriented dressage judges must maintain an open mind and embrace diversity. The challenge here is to teach others what Western Dressage is and should be – even though the sport is in its infancy and is still forming.
- The horses that scored well under judges had a dressage background held these things in common – relaxation, fluidity, elasticity and obedience. Most of the rides I saw had happy healthy horses. The riders and their mounts seemed in harmony and for the most part getting along splendidly at their respective levels. There was very little hyperflexion, tail twisting, bit gnashing, etc.. Bad behavior and bad horsemanship were not rewarded. YAY!
- What with a young sport and all, we are saddled (get it, ha!) with the responsibility to be good stewards to the future of Western Dressage. We must keep a watchful eye that our sport does not transform into something unrecognizable from its roots. We must set and example, teach with vigor and encourage our fellows to learn and practice classical horsemanship. Horse First. Always.



Holly Fisher on Buck in their first Western Dressage horse show.

Marketplace

ODS loves its advertisers! Thank you for your support! We encourage members to patronize ODS advertisers throughout the year. They have tons of experience, knowledge & special products that all dressage riders can benefit from. If you would like to advertise your business in Centerline, email the editor for specs and rates: newsletter@dressageoklahoma.org.

Carolyn Hoekstra

Dressage Training from 'Beginner to 'FET'

Carolyn has been actively training & showing in Dressage for over 20 years, using biomechanics to focus on helping the rider coach the horse through the levels. She has successfully competed through Grand Prix, and has earned 22 USDF National Awards for all levels through Prix St. Georges.

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- 2016 All-Breeds KWPN 2nd level Res Champion; Oklahoma Dressage Society 2nd Level Open & Vintage Champion
- 2014 All-Breeds KWPN Reserve Champion Prix St. Georges

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USDF News



2018 Adequan®/USDF Annual Convention

November 28-December 1
Salt Lake Marriott Downtown at City Creek
Salt Lake City, UT



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www.usdf.org/convention

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2018 OKLAHOMA DRESSAGE SOCIETY MEMBERSHIP

ODS is a Group member organization (GMO) of Region 9 of the United States Dressage Federation (USDF).

New Membership _____ Renewing Membership _____ Information Change only _____
 Last Name _____ First Name _____ USDF ID# _____
 Address _____ City/State Zip _____
 Daytime Phone _____ Evening Phone _____ Cell _____
 Email _____ Birth date: Mth ____/ Yr _____

USDF membership year is Dec 1st - Nov 30th . Membership dues are late after November 30th .

ODS Membership – Select One Category. For family memberships consisting of more than two family members, please check both boxes for that section (Family and Add third family member).

\$50 Adult: Please check which applies: Open Amateur Vintage (50+) \$ _____

\$20 Charter / Life (for ODS founding members and those members who have lifetime memberships) \$ _____

\$40 Junior, under 18 as of Dec 1 of the current membership year \$ _____
 (For example, must be under 18 Dec. 1 of 2015 for 2015 membership)

\$60 Family (for two family members)
 Name of second family member _____ Birth Day Mth ____/ Yr ____ \$ _____

\$10 Add third family member
 Name of third family member _____ Birth Day Mth ____/ Yr ____ \$ _____

Chapter Membership – Check which chapter you would like to join. Chapter membership is not required, but is required to participate in the Chapter awards programs. Chapter membership cost is the same for an individual or a family.

\$10 Green Country Chapter (GCC) \$ _____

\$10 North Central Chapter (NCC) \$ _____

\$10 Great Plains Chapter (GPC) \$ _____

DONATION to ODS. (ODS is a tax exempt 501.c.organization) OPTIONAL \$ _____

\$5 DISCOUNT for memberships received before November 30th . - (\$ _____)

TOTAL AMOUNT ENCLOSED \$ _____

Please tell us about your USDF/USEF accomplishments by checking any of the following boxes that apply. We plan to publish a list of member accomplishments on the website and in the directory.

- Gold Medal Silver Medal Bronze Medal USDF Rider Performance (Training, 1st, 2nd) "L" Judge
- USDF Instructor Certification - Level _____

ODS membership is an opportunity to promote Dressage in your community. The club is ONLY as good as it's most ACTIVE members. We need your help! What are your skill sets? Please circle all that apply.

- Scribing Scoring Organization/Management Accounting Spreadsheets Arena Set-Up/Tear-D own
- Photography Fund Raising Other _____

I hereby release the Oklahoma Dressage Society, it's officers, members, employees and agents from any liability and all claims of every kind, including costs, expenses, or attorney fees that might result from damages, injuries, or losses resulting directly or indirectly from the negligent act or omissions of the officers, members, employees or agents of the Oklahoma Dressage Society Club. I agree and sign below:

Signature: _____ Dated: _____ (Parent or Guardian Signs for Jr. Rider)

Mail this form, with check payable to "Oklahoma Dressage Society – Membership" to: Marta Koenig, PO Box 1101, Kellyville, OK 74039.
 Email: [Laura.Custer](mailto:Laura.Custer@okdressage.com), Phone: 405-314-3931 Please allow 4 to 6 weeks for processing by USDF.

Calendar

Horse Shows | Meetings | Clinics | Symposiums | Social

Go to the Events Calendar tab on dressageoklahoma.org for more details about the events listed below. Registration information and forms are also available through the Event Calendar tab. To get your event listed on the website, contact the ODS webmaster Sue Twitty at webmaster@dressageoklahoma.org. To get your event listed in the Centerline newsletter, contact the newsletter editor Melissa Furman at newsletter@dressageoklahoma.org. **Up-to-date event listings are posted online.**



Oct

14 GPC Schooling Show @ Gallery Farm in Noble, OK

20 GCC Schooling Show @ Sonrise Stables in Broken Arrow, OK

Nov

3 GCC Schooling Show & Championships @ Joyful Noise Farm in Pryor, OK

Monthly ODS Meetings Open To All Members



Every Oklahoma Dressage Society member is welcome to attend in person or to call in to the monthly Board of Directors meeting, usually held on the first Wednesday of each month at the Stroud Police/Fire Department

starting at 6:30pm.

You may call in to attend virtually by dialing 712-432-3900 (conference code #535614).

**Next ODS Board Meeting:
Nov. 7
@ 6:30 pm.**

ODS Board Members

President - Pamela DeVore president@dressageoklahoma.org
Vice President - Marilyn Coffey marilyn.mcequestrian@gmail.com
Secretary - Robin Grain-Walkup heidigrain@hotmail.com
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