



Centerline

A monthly publication dedicated to communicating the latest local & regional dressage news & information to enrich Oklahoma dressage riders' equestrian experience.

AUGUST

2021

President's Letter

Sometimes life throws curveballs which is a great time to gain perspective. Kindness and thankfulness go a long way. Pg 1

Save The Date

Be sure to mark your calendar NOW for next spring's ODS Symposium. This is an event not to miss! Pg 2

TDF Grants Deadlines

Here's your opportunity to receive funds to go towards fabulous experiences. Pg 9

GCC Schooling Show & Clinic

Yoly Ranch in Tulsa area plays host to a schooling show & clinic Pg 11

Need Some Laughs?

Here's some light-hearted fun to lift your spirits! Pg 11

Beware of Plants Dangerous to Horses

Do you have these plants in your pasture? Read on to be in the know! Pg 14

Summer Shows I & II: Aug 21-22 @ Great American Expo in Shawnee



Letter From The President

Hello Friends!

This month has caught me in a very reflective mood due to some personal circumstances. First,

a dear friend of 50 years passed away suddenly; second, I spent a month training with my coach, Sarah Martin, in Colorado; third, while in Colorado one of the visiting horses kicked himself, a near career-ending injury on a promising 6 year old.

So how do those three things relate? They all have to do with being sure we all take advantage of "the moment," never assuming things can be put off until tomorrow and fully appreciating what we have, every day we have it.

You know that phone call you've been meaning to make? Make it ~ I put it off and now will never be able to talk to my friend. Do you have a dream of doing something like I did, an extended training session? Plan for it and make it happen! I already have an envelope marked 'Colorado 2022' with \$50 cash in it, getting ready for next year.

Do not think you will do it 'someday' because so much can happen. The next time you ride, I suggest doing what Sarah coached a group of 8 professionals to do the day we had to 'present our work' in front of her and her husband ~ *ride with the gratitude that you even have a horse, one that is sound and healthy!* Don't worry so much about the perfection of the

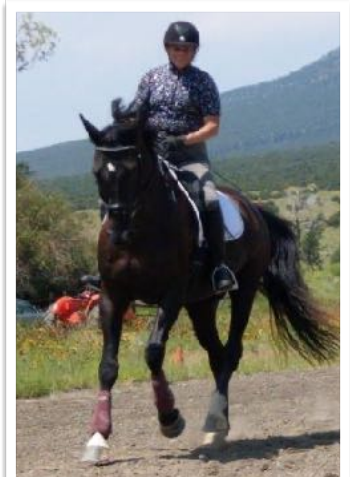
performance; instead ride for the *fun* of being able to ride your horse!

That is the lesson of the third example ~ the verdict on that 6 year old is still pending, with more x-rays and possible complications, all from a mishap while playing in the pasture. His owner is a professional with other client horses to ride, but.... she cannot ride *her* horse, her prospect. So, as you go out tomorrow, or this weekend at our **Shawnee Show**, take a moment to put a hand on the silk of your horse's shoulder and say "thanks" for your health, the health of your horse, your family and friends, and go have a joyous ride!

I hope to see many of you in Shawnee this weekend! The show has filled nicely, and there will be lots of beautiful horses to watch ~ and be grateful for!

~ Kay

(See pg 15 for a few more pics from Kay's trip to Colorado!)



ODS Spring Symposium Set - Lilo Fore!

The **ODS Spring Symposium** is set for **April 2-3, 2022**, featuring **Lilo Fore!** This special event will be held at the Tulsa Expo Center. Stay tuned for details on auditing, riding, advertising and more!

2021 Adequan/USDF Annual Convention Date Set

Join this large gathering of dressage enthusiasts for USDF's annual convention being held in Houston, TX from December 1-4. Stay tuned for details.

Deadline Approaching for Region 9 Omnibus Advertisers

Get a big bang for your advertising buck by being part of the 2022 Region 9 Omnibus! Are you a trainer, farm or show facility manager, breeder, veterinarian, farrier, trailer company or vehicle repair shop? Then the Region 9 Omnibus is a perfect place to reach your customers! There are many ad sizes and rates to choose from. **Ad deadline is August 25.** For more information, contact: Sherry Guess at guessdrsg@aol.com.



Spring Symposium
with
Lilo Fore!
April 2-3, 2022
@
Tulsa Expo Center
(More event details TBA)

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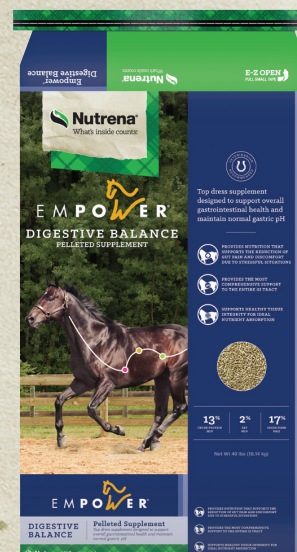
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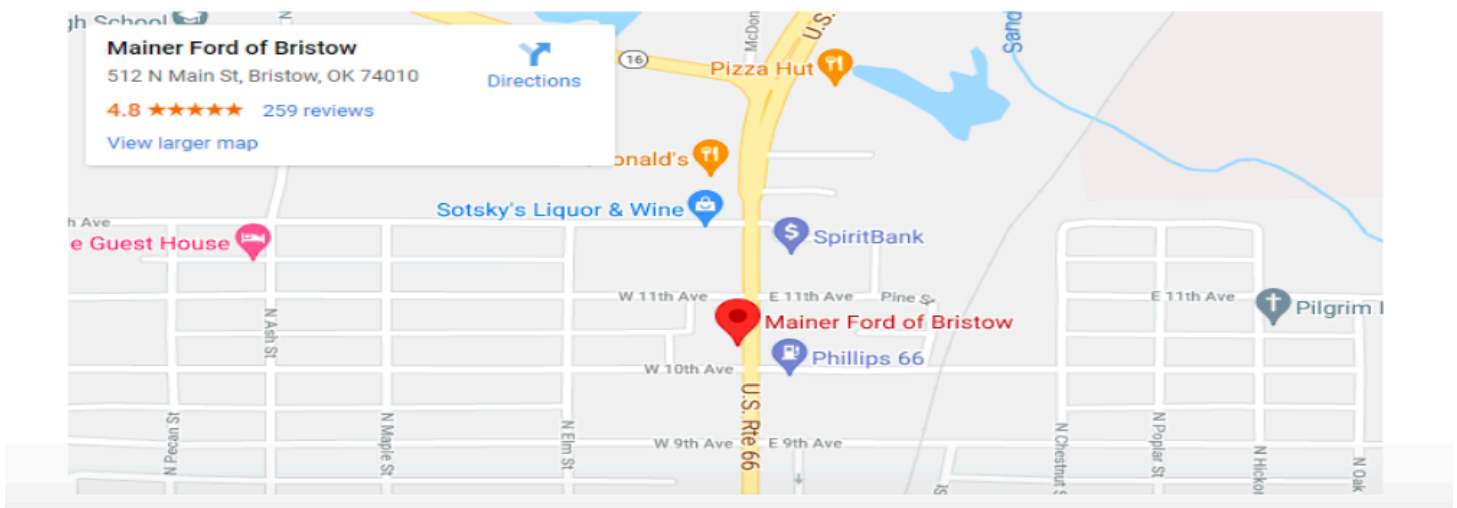
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Oklahoma Dressage Society

Ladies Polo's & Hat Order Form



\$35.00

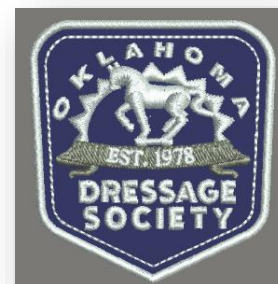


Sun Hat w/ Concealable Sun Flap
UPF30+ Navy

\$35.00



\$25.00



Ladies & Men's Contrast Stitch Micropique Sport-Wick Polo \$35.00

Royal	Ladies / Men's	XS	S	M	L	XL	2XL	3XL
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Pink Raspberry	Ladies / Men's	XS	S	M	L	XL	2XL	3XL

Sun Hat w/ Concealable Sun Flap – Navy \$35.00

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or email pamelad68@aol.com



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Thank you, ODS Sponsor, Pine Ridge Equine Hospital!



Events



Save the ^{new} date!

ODS SPRING I & II
RECOGNIZED SHOWS
APRIL 30 & MAY 1 2022

TULSA EXPO FORD
COLISEUM ARENAS



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You can find Beth's USDF bit lecture on our website at:
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For biting advice, email Beth at
beth@thehorseofcourse.com.



Visit our website at <https://thehorseofcourse.com/>



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Announcements

Upcoming Deadlines for The Dressage Foundation Grants

Cynthia Aspden Youth and Young Adult Development Fund: Due September 1

The Cynthia Aspden Youth and Young Adult Development Fund provides financial assistance to youth and young adult riders (age 25 and under) to aid in their development in dressage. Grants awarded will typically be \$1,000, to be used for educational experiences that are not within the horse and rider's typical training plan. These may include events such as USDF's youth outreach clinics or Dressage4Kids' Emerging Dressage Athlete Program or Winter Intensive Training Program. [Learn More Here.](#)

Verne Batchelder Instructor Fund for Regions 1, 3, or 8: Due September 10

The purpose of the Verne Batchelder Instructor Fund is to assist dressage instructors in broadening their base of knowledge from their mentors to then share with all their students. The Verne Batchelder Instructor Fund will provide up to two grants up to \$2,500 to a professional instructor from USDF Regions 1, 3, or 8 for continuing education and training. Because Verne was known as an instructor who established positive, long-term relationships with his students, applicants should apply for funding to work with a trainer with whom they have an established relationship. [Learn more here.](#)

Gifted Fund for Adult Amateurs: Due September 15

The Gifted Fund should be used to "give permission" to adult amateur riders to set aside quality time, in concentrated training, away from the daily pressures of job and family. The recipients will be able to spend time bonding with their horses; grooming them, giving them a spa bath, grazing them, as well as receiving lessons that they normally wouldn't be able to have. Volunteerism is an important requirement for these grants; preference is given to applicants who have strong volunteer history with their GMOs.

The best applications include a training program of 5-7 consecutive days with the same trainer. However, it is not required that you travel away from home. Training plans must have reasonable, attainable goals. Up to nine \$1,500 grants are available each year (one in each USDF Region), plus two additional \$1,500 wild card grants (which can be awarded in any Region). [Learn more here.](#)

Major Lindgren Instructor Education Grants: Due September 30

Three \$4,000 grants will be awarded each year to dressage instructors to train in a concentrated amount of time of at least one week. Applicants are not required to be USDF Certified Instructors, however, preference will be given to USDF Certified Instructors. [Learn more here.](#)

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Thank you, ODS Sponsor, Equine Medical Associates!

UPCOMING GRANT DEADLINE
Gifted Fund for Adult Amateurs
Due September 15

- Up to nine \$1,500 grants are available each year (one in each USDF Region), plus two \$1,500 wild card grants (which can be awarded in any Region).
- To "Give Permission" to set aside quality time with concentrated training.

Learn more and apply at dressagefoundation.org

Photo by CatchLight Artistry



Events

NEW



SHOW

Summer I & II August 21-22, 2021

Opening date: July 9, 2021 Closing date: August 6, 2021

USEF Level 2 Competition

Official Qualifying Competition for the:

*2021 Great American Insurance Group/USDF
Regional Dressage Championships*

2021 Southwest Dressage Championships

AQHA Approved Dressage Competition

Heart of Oklahoma Expo Center
1700 W. Independence Ave., Shawnee, OK

Judges

Sue Kolstad "S"
Dorie Vlaten-Schmitz "S"

TD

Carolyn Vandenberg "R"

Secretary

Susan Peacock
www.showsecretary.com

Manager

Katherine Ross
(918) 804-9447

ShowSecretary.com

Thank you, ODS Sponsor, Show Secretary!

Events

Join us for our August Schooling Show & Clinic!!

When- (Show) Sat. August 28th- (Clinic) Sun. August 29th

Location- YOLy Ranch
13401 S 129th E Ave Broken Arrow, OK 74011
Stalls are available!!

Judge & Clinician- Sherry Guess



For more information check out our Facebook Page!

Enter online at www.showsecretary.com

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Do you do this Too?

Website: we use cookies to improve performance.

Horses: OMG! Same.

This from my friends in Germany!!!! Truth!



Text Message



IS THIS HOW YOU FEEL WHEN YOU RIDE YOUR HORSE?



POST OLYMPICS...

Warning all dressage riders.

Now you have finished feasting on days of glorious dressage, you will have a spring in your step, pumped ready to conquer the world.

Now as you saddle up today and walk to the arena spare a thought for your horse.

They know that spring in your step - they are thinking shit she's seen some fancy bastard from overseas and now I have to suffer.

So before you turn your pony inside out wishing it's Sanceo, TSF Dalera, Gio, Bella Rose..

Know your horse is wishing they had Jessica, Isabel, Charlotte or Sabine on top. 🤔

One day at a time - enjoy the journey.



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From Our Friends At Pine Ridge Equine Hospital:

Plants To Avoid Having In Your Pasture

Are Any Of These Dangerous Plants In Your Pasture?

Turning out your horses offers many benefits. When your horses spend the day in a pasture, they're likely to be healthier and stronger, thanks in part to the many nutrients in forage.

Turnout can even reduce the risk of colic, chronic obstructive pulmonary disease (COPD), and behavioral issues, according to Kentucky Equine Research. Unfortunately, some of the plants found in pastures could sicken or kill horses. Removing these dangerous plants will help you protect your horse's health.

- **Hemlock.** Spotted or poison hemlock contains clusters of small white flowers on spindly stems. Eating hemlock can cause colic, shaking, coordination problems, and decreased breathing and heart rates. Consuming just a few pounds of hemlock could kill your horse.
- **Red Maple Leaves.** Although fresh red maple leaves probably won't bother your horse, eating wilted or fallen leaves might cause serious illness or death. According to Equus, eating one or two pounds of the leaves could be fatal for horses. Be sure to check your pasture regularly for fallen branches to decrease the risk. Poisoning symptoms include rapid heart rate, fast breathing, lethargy, disinterest in food, pale or yellow gums, and black or reddish-brown urine.
- **Pokeweed.** Pokeweed is particularly common around fences and can vary in height from 4 to 10 feet. The plant has large leaves and purple berries. Eating the roots, stems, or leaves of the pokeweed plant can cause diarrhea, colic, and burning in the mouth.
- **Japanese Yew.** Japanese Yew shrubs can grow up to 30 feet tall and feature spiny needles and red berries. Just one mouthful of Japanese Yew can kill a horse in as little as 30 minutes, according to Rutgers: New Jersey Agricultural Experiment Station. Horses that eat the needles or berries of the yew shrub die from cardiac or respiratory failure.
- **Black Walnut.** Every part of the black walnut tree is toxic, including the roots, bark, wood, nuts, and shavings. If your horse is sickened, it may develop lower limb swelling, laminitis, increased temperature and pulse rate, heavy breathing, lethargy, and depression.
- **Rhododendron, Azalea, and Mountain Laurel.** All of these flowering plants contain grayanotoxins, which can cause muscle tremors, drooling, coordination issues, colic, diarrhea, abnormal heart rate, and even death.
- **Tansy Ragwort.** Tansy ragwort plants grow from 2 to 4 feet tall and feature clusters of yellow flowers and leaves with ragged edges. Eating the plant causes irreversible liver damage in horses. Symptoms can include loss of appetite, sensitivity to light, disinterest in food, jaundice, and coordination problems.
- **Johnsongrass.** Both Johnsongrass and Sudan grass produce a cyanide compound that makes it hard for your horse to absorb oxygen. Eating healthy adult plants probably won't hurt horses, according to Equus. Curing these grasses for hay also won't cause problems. Cyanide is released when the leaves wilt, are trampled, or are exposed to frost. Symptoms include rapid breathing, frequent urination, and defecation, convulsions, gasping for breath, and shaking.
- **Nightshade.** Any of the plants in the nightshade family can cause a toxic reaction in horses, including bittersweet and black nightshade, horsenettle, potatoes, and tomatoes. If horses eat the leaves or shoots of the plants, they may develop loss of appetite, diarrhea, dilated pupils, loss of appetite, coordination problems, convulsions, and hallucinations.

(Cont'd on back cover)



THE DRESSAGE FOUNDATION

Leave a Lasting Legacy Through Your Will

August is "National Make-a-Will Month," and we can help!

A Will is important for adults of all ages - it will ensure that your family is provided for and will enable you to leave a legacy with causes that are close to your heart.

By creating or updating your Will, your final wishes will be carried out as you had always hoped.

The Wills Guide will take you step-by-step through common questions that you'll need to know as you plan your Will. It's easy-to-use and free!



Request a Complimentary Wills Guide

>Click [Here](#).

Is The Dressage Foundation named in your Will?

TDF's Legacy Society honors and thanks supporters who include TDF in their Will or estate plan, or who establish a gift with TDF that provides income for life (Gift Annuities, Charitable Trusts).

Legacy Society members' commitment to helping future generations of dressage enthusiasts is worthy of special recognition and our gratitude.

Please let us know if you've included TDF in your Will, even if you wish to remain publicly anonymous, so we can thank you personally and speak with you about how your gift will make a lasting impact on the sport you love.



About the Legacy Society

>Click [Here](#).



GCC News

The Mi Dreamweaver+ Memorial Award (GCC)

GCC proudly announces a new award, launching this year in 2021! Now available for ODS GCC members, is the Mi Dreamweaver+ Memorial Award, courtesy of Ruthie Haney in honor of her late horse Dreamer.

- Adult Amateurs only.
- Open to all breeds.
- Entrants will submit either a creative writing or video project.
- If submitting a creative writing project, please include photos of you and your horse.
- Project will outline the rider's bond with their horse; any obstacles they have overcome, and the qualities the horse possesses that Dreamer had. (Patience, Wisdom, Courage, Kindness, Determination and Passion.)
- Entries are due November 1, 2021.
- Entries are to be submitted either by mail or email.
- Mail entries to Ruthie Haney: 35016 W Hwy 66 Bristow, OK 74010 or email to dressage18@yahoo.com
- The winner will be announced at the GCC Christmas/Year-End Awards Party.
- Prizes will include a rose neck garland with nameplate for their horse and the option of choosing a vest, jacket OR halter with nameplate.



Photos by Jeanie Eaton & Jessie Holland



Application: Mi Dreamweaver+ Memorial Award

- Name: _____
- Horse's name: _____
- Breed: _____
- Creative writing or video project (circle one)
- Vest or Jacket or Halter with nameplate (circle one)
- Size of Jacket or Vest: _____

Entries due 11/1/21

A Note From Ruthie Haney

I want to thank each one of you who took the time to apply for this award. When I lost Dreamer, I knew that I wanted to do something like this. He was more than just a horse to many people; he represented hope and determination. He was a teacher, a fierce competitor, a loyal and faithful friend. Together we defied the odds and overcame more than one obstacle; we had many highs and lows. But he never wavered from my side. Dreamer was a constant and unyielding presence up until the moment he passed away; even after I know he is still with me, always.

I felt that it was important to recognize this bond that we have with our horses, no matter what level of Dressage we are at. Dreamer encompassed what it is we seek in our Equine partners. He possessed every quality and more. I know that there are many more out there who have those same qualities. I greatly look forward to your submissions.

Good Luck and Happy Trails! - Ruthie Haney



Kay's Colo Training Trip





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Round Bale Saver!

Rancher QUIZ: What's the

CHEAPEST way to feed your hay?

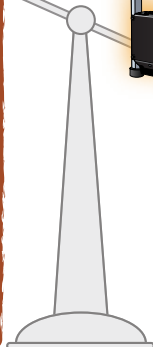
Old rust-away rings? **OR** NEW Round Bale Savers?

Lets' do the math.



'Cheap' Rings rust away, get damaged and must be replaced every few years at a cost of \$300-\$500 each. Even if you only replace them five times over the next 20 years that is still almost **TWICE the cost of ONE Round Bale Saver**. PLUS, old-fashion rust-away rings feed hay directly off wet dirt which can lead to mold, mildew and decay. That can be very unhealthy for horses and cattle and can waste up to 20% of your hay.

Amortized over the next 20 years... assuming a current national average of \$58/round bale with up to 20% wasted hay loss/ring at a feeding rate of just one bale/day, only during 3 winter months/year for 20 years, **each old-fashion rust-away ring (unit + hay loss) could cost \$23,000!**



Round Bale Savers could save you as much as **\$20,000 over 20 years!**

NEW Round Bale Savers have a ONE-TIME cost of just \$1,195 to \$1,595 with a fully transferable, pro-rated, **20-YEAR GUARANTEE!**

PLUS, Round Bale Saver's efficient ELEVATED design can cut hay loss to as little as a buck a bale!

By comparison, the total 20-year cost of each Round Bale Saver (unit + hay loss) is only about \$3,000!

Tired of having your rusty rings kicked around? Round Bale Saver is **BULL-PROOF • STUD-PROOF • RANCHER-PROOF!**

RANCHER DESIGNED + AMERICAN MADE + 20 YEAR GUARANTEE

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Round Bale Sizes:

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5X5, 5X6,
& 6X6

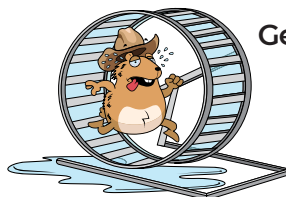
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Leg Heights:

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treadmill!

“

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won't have to do
it again.”

**Round Bale Savers are hands-down, the
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Not for use with horned livestock.

OKLAHOMA DRESSAGE SOCIETY MEMBERSHIP

ODS is a Group member organization (GMO) of Region 9 of the United States Dressage Federation (USDF).

New Membership _____ Renewing Membership _____ Information Change only _____

Last Name _____ First Name _____ USDF ID# _____

Address _____ City/State Zip _____

Daytime Phone _____ Evening Phone _____ Cell _____

Email _____ Birth date: Mth ____ / Yr ____

USDF membership year is Dec 1st - Nov 30th . Membership dues are late after November 30th .

ODS Membership – Select One Category. For family memberships consisting of more than two family members, please check both boxes for that section (Family and Add third family member).

\$54 Adult: Please check which applies: Open ☐ Amateur ☐ Vintage (50+) ☐ \$ _____

\$20 Charter / Life (for ODS founding members and those members who have lifetime memberships) \$ _____

\$44 Junior, under 18 as of Dec 1 of the current membership year \$ _____
(For example, must be under 18 Dec. 1 of 2015 for 2015 membership)

\$64 Family (for two family members)

Name of second family member _____ Birth Day Mth ____ / Yr ____ \$ _____

\$10 Add third family member

Name of third family member _____ Birth Day Mth ____ / Yr ____ \$ _____

Chapter Membership – Check which chapter you would like to join. Chapter membership is not required, but is required to participate in the Chapter awards programs. Chapter membership cost is the same for an individual or a family.

\$10 Green Country Chapter (GCC) \$ _____

DONATION to ODS. (ODS is a tax exempt 501.c. organization) OPTIONAL \$ _____

\$5 DISCOUNT for memberships received before November 30th . - (\$ _____)

TOTAL AMOUNT ENCLOSED \$ _____

Please tell us about your USDF/USEF accomplishments by checking any of the following boxes that apply. We plan to publish a list of member accomplishments on the website and in the directory.

☐ Gold Medal ☐ Silver Medal ☐ Bronze Medal ☐ USDF Rider Performance (Training, 1st, 2nd) ☐ "L" Judge

☐ USDF Instructor Certification - Level _____

ODS membership is an opportunity to promote Dressage in your community. The club is ONLY as good as it's most ACTIVE members. We need your help! What are your skill sets? Please circle all that apply.

Scribing ☐ Scoring ☐ Organization/Management ☐ Accounting ☐ Spreadsheets ☐ Arena Set-Up/Tear-D own ☐

Photography ☐ Fund Raising ☐ Other _____

I hereby release the Oklahoma Dressage Society, it's officers, members, employees and agents from any liability and all claims of every kind, including costs, expenses, or attorney fees that might result from damages, injuries, or losses resulting directly or indirectly from the negligent act or omissions of the officers, members, employees or agents of the Oklahoma Dressage Society Club. I agree and sign below:

Signature: _____ Dated _____ (Parent or Guardian Signs for Jr. Rider)

Mail this form, with check payable to "Oklahoma Dressage Society – Membership" to: Marta Koenig, PO Box 1101, Kellyville, OK 74039.

Email Nancy Trait-Lira: ntraitlira19@gmail.com Phone: 405-454-1766 (membership) Please allow 4 to 6 weeks for processing by USDF.



Events Calendar

Go to the Events Calendar tab on dressageoklahoma.org for more details about the events listed below. Registration information and forms are available through the Event Calendar tab. To get your event listed on the website, contact the ODS webmaster Lindsey Greco at webmaster@dressageoklahoma.org. To get your event listed in the Centerline newsletter, contact the newsletter editor Melissa Furman at newsletter@dressageoklahoma.org. The most current, up-to-date event listings and information are posted online.

- Aug 14** GCC Schooling Show (@ Joyful Noise, Pryor)
- Aug 21-22** ODS Summer Dressage Shows I & II (Shawnee)
- September** ODS Volunteers Free Clinic (date & location TBA)
- Sept 19** GCC Schooling Show (YOLy Ranch, Broken Arrow)
- Oct 7-10** Region 9 Championships
- Oct 16** GCC Schooling Show (YOLy Ranch, Broken Arrow)
- Nov 11-14** USDF Finals (Kentucky)
- Nov 13** GCC Schooling Show Champs (@ Joyful Noise, Pryor)
- Dec 1-4** USDF Convention (Houston)
- Mar 12-13** Green Country Dressage Classic Horse Show
- Apr 2-3** ODS Spring Symposium w/Lilo Fore (Tulsa)
- Apr 30-May 1** ODS Spring I & II Recognized Shows (Tulsa)

Plants To Avoid Having In Your Pasture

- **Other Plants.** Other plants that could sicken your horse include buttercups, Alsike clover, bracken fern, jimsonweed, milkweed, yellow sweet clover, English ivy, locoweed, and wild cherry trees.

Luckily, horses don't like the taste of many of these toxic plants and will only resort to eating them if there's not enough forage in the pasture. Removing toxic plants and checking the amount of forage available can help reduce the risk of poisoning.

Sources:

[Kentucky Equine Research: Grazing Benefits Horses and Mangers, 10/9/14](#)
[Rutgers: New Jersey Agricultural Experiment Station: Poisonous Weeds in Horse Pastures](#)
[Equus: 10 Most Poisonous Plants for Horses, 4/11/05](#)
[UF/IFAS Extension: Dangerous Plants to Horses in Paddocks and Small Pastures](#)

Monthly ODS Meetings Open To All Members

Every Oklahoma Dressage Society member is welcome to attend via phone the monthly Board of Directors meeting, usually held on the second Wednesday of each month starting at 6:30pm.

You may call in to attend virtually by dialing 712-432-3900 (conference code #535614).

Next ODS Board Meeting:

Sept 8

@ 7:00 pm.



ODS Board Members

President - **Kay Kamish** president@dressageoklahoma.org
 Vice President - **Lindsey Greco** lindseymgreco@gmail.com
 Secretary - **Erin Boone** erin.boone11@gmail.com
 Treasurer - **Lyn Francik** treasurer@dressageoklahoma.org
 Education - **Pamela Byers** pamela@galleryfarm.us
 Membership - **Marta Koenig** martakoe@yahoo.com
 Vision - **Nancy Trait-Lira** ntraitlira19@gmail.com
 At Large - **Nancy Trait-Lira** ntraitlira19@gmail.com
 At Large - **Nancy Burba** nobleroadeq@gmail.com
 At Large - **Pamela Byers** pamela@galleryfarm.us
 At Large - **Sherri Pittman** sherriwads@aol.com

ODS Leadership

Newsletter - **Melissa Furman** newsletter@dressageoklahoma.org
 Scholarships - **Nancy Trait-Lira** ntraitlira19@gmail.com
 Web Master - **Lindsey Greco** webmaster@dressageoklahoma.org

Mailing Addresses

Please indicate on mailing envelopes to whose attention (person or office) you need to direct your correspondence. For example, "ATTN: Treasurer"

ODS Mailing Address
 PO Box 1101
 Kellyville, OK 74039

ODS Street Address
 29395 South 4130 Road #B
 Claremore, OK 74019